

Los Alamitos Medical Center

presents, "Matters of the Heart" Education
for Patients, Families and the Community

Schedule for February and March 2012



Refer your
Patients
and
Families!



<p>"Matters of the Heart" <i>Multidisciplinary Team Educational Series</i></p>	<p><i>February – March 2012 PATIENT-FAMILY Series ALERT - Black-out Dates</i> Location/Date/Time</p>	<p><i>April – May 2012 PATIENT- FAMILY Series</i> Location/Date/Time</p>
<p>Session/Educator</p>	<p>Leisure World 1661 Golden Rain Rd, Seal Beach, CA Education Room February – March 2012 Weekly - Thursdays (10am-11am)</p>	<p>Country Villa Seal Beach 3000 N Gate Rd, Seal Beach, CA Fireside Education Room April – May 2012 Weekly - Thursdays (10am-11am)</p>
<p>Session 1- Heart Failure Dr. Stuart Fischer/ Dr. Forman</p>	<p>February 2012 2/2/12 1:30pm - 2:30pm</p>	<p>April 2012 4/5/12 10am - 11am</p>
<p>Session 2- Medications in Heart Failure, Betty Hall, RN, CCRN/Dinah Itchon, RN, CCRN</p>	<p>2/9/12 1:30pm - 2:30pm</p>	<p>4/12/12 10am - 11am</p>
<p>Session 3- Nutrition Requirements in Heart Failure, Renee Galas, RD</p>	<p>2/16/12 1:30pm - 2:30pm</p>	<p>4/19/12 10am - 11am</p>
<p>Session 4- Fluid Management in Heart Failure, Elsa Rogers, RN, MSN</p>	<p>2/23/12 1:30pm - 2:30pm</p>	<p>4/26/12 10am - 11am</p>
<p>Session 5- Exercise and Activity in Heart Failure, Debbie Gold, RN</p>	<p>March 2012 3/1/12 1:30pm - 2:30pm</p>	<p>May 2012 5/3/12 10am - 11am</p>
<p>Session 6- Coping with Heart Failure; the meaning of Hospice Kristin Harlocker, MSW/Betsy Fagin, MSW</p>	<p>3/8/12 1:30pm - 2:30pm</p>	<p>5/10/12 10am - 11am</p>
<p>Session 7 – Tests and procedures in Heart Failure, Diane Mielke, RN, MSN</p>	<p>3/22/12 1:30pm - 2:30pm</p>	<p>5/17/12 10am - 11am</p>

Alert: Black out dates– (Thursdays) - March 15 & March 29, 2012

For Information:
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